## Feb 1, 2017



Ellen Meyer

Flute





## After Hours Community Band Member Spotlight

Ellen began playing flute in elementary school and continued through high school. She experienced a 35 year gap in playing the flute. "I wanted to take up my flute again, and heard about the AHCB from a relative who plays in the band. Since I recently retired in 2015, I have plenty of time to practice."

Ellen currently serves on the AHCB board of directors as a Member at Large.

Ellen appreciates all different genres of music. She especially enjoys classic rock and roll.

Ellen loves to read, and has written a few books, including a mystery about an archeologist at Cahokia Mounds, called "Chronicle of the Mound Builders." She also wrote a self-help book entitled, "Living the Thin Life."

"I try to spend as much time as possible with my 2 adorable grandkids, Leo and Stella. I live in Chesterfield with my husband, Doug. We have 4 grown children."

What I especially love about the AHCB is "the fellowship and camaraderie of the band. Everyone I've met has been friendly and welcoming, and encourages me as I continue to work on improving my skills. I enjoy being challenged by the variety of pieces. I love playing for our wonderful audiences."



"I love the fellowship and camaraderie of the band."



